

Houston Recovery Center Service Philosophy

Service Philosophy: We operate on a recovery platform based on the premise that:

1. AMA defines addiction as a chronic disease. As with other chronic diseases, ongoing management is key to successful long term recovery.
2. Traditional treatment such as residential or intensive outpatient program completion is only one step on the recovery journey.
3. Success in recovery is largely influenced by the length of engagement in a structured recovery program.
4. For individuals that maintain recovery for 3 to 5 years and are actively engaged in a structured recovery program, the likelihood of relapse drops below 15%.
5. Not all clients have a substance use disorder (SUD) or addiction. We offer information to all clients on misuse of alcohol and other drugs and the risks associated with those behaviors.
6. We utilize the following promising and best practices:
 - a. Motivational interviewing
 - b. Warm handoff
 - c. Peer engagement and support
 - d. Community collaboration
 - e. Telephone recovery support
 - f. Case management
7. Data is collected, tracked, monitored and used for performance reporting and program enhancement.

The comprehensiveness of this service model allows individuals served by the Sobering Center an increased opportunity of achieving long-term recovery or avoiding progression of misuse to a full-blown substance use disorder.

Long-term recovery affords the individual improved quality of life and increased self-sufficiency.