

**HRC Board of Director's Meeting
November 6, 2014
ED Report**

Present Client Analysis

October 2, Toured and interviewed with UH Daily Cougar to learn more about HRC as a resource and to kick-off a blanket and sock drive the UH campus is holding to benefit HRC clients.

October 3, Site visit from CEO and Division Director from Aliviane, Inc., a treatment facility located in El Paso, Texas to learn more about the sobering center operation and services.

October 3, Kim Kornmayer, Assistant Deputy Director for Crisis Psychiatric Emergency Program (CPEP) with MHMRA and I met to review mental health services provided out of her department and discussed how these services could be of greater value to HRC clients.

October 7, City Council heard public testimony on an ordinance that would make it illegal to sell, distribute, and/or possess kush. HRC staff provided testimony in favor of the ordinance, which was later passed.

October 13, HRC staff met for the second time with one of the coordinating housing providers, Temenos, to discuss providing peer recovery support on-site as part of the wrap-around service package they offer to formerly homeless tenants.

October 14, HRC staff held a second meeting with Dr. Seale and Ms. Stephens from the Harris County Jail to discuss a jail in-reach pilot project. This meeting went into further details of the program, specifically the population being targeted and program timeframe.

October 16, HRC Medical Director, Dr. Kowalchuk, HRC staff Ms. Wollgast, and Dr. Weltge met with representative from Ben Taub General Hospital emergency center to discuss logistics of the pilot between Ben Taub and HRC that will allow the emergency center to divert medically-cleared patients to the sobering center. See attachment for description of eligibility criteria.

October 22, the Care Coordination Planning Team held its regular quarterly meeting to update participants on the innovative programming targeting care coordination. Updates were provided by Dr. Folch with the Primary Care Innovation Center, Dr. Hicks with the Harris County Mental Health Jail Diversion Program (SB 1185), Ms. Chapman-Semple on the Mayor's homeless initiative and coordinated housing central intake center, and Ms. Jarvis on the HRC Personal Addiction Recovery Team (PART).

October 23, HRC staff and HPD Mental Health Division co-taught two criminal justice classes from UH-Downtown to educate students on alternative solutions to jail.

October 24, An editor with the UH Daily Cougar observed the sobering center overnight for an article that was published late last week.

October 28, Blazek & Vetterling made their audit report to the HRC Board Finance Committee.

October 28, Ms. Austin and I met with Mr. Icken to seek feedback on the following: 1- Obtaining the vans COH Fleet wants to provide HRC for client transportation. 2- Scheduling a personal audience with the Mayor to present the year-end report. 3- Organization's need for access to expert advice in strategic areas to move the HRC forward, which includes representatives from:

- Downtown Business District to help build bridges and communicate value of HRC services to key business leaders in the downtown area
- Philanthropic community to educate and advise HRC of funders interested in our area of work; how to cultivate relationships with funders, funding schedules and assist in developing applications for funding
- Mental health champion who understands and can educate HRC on mental health community resources and the strategies for accessing them
- Recovery champion with life experience to assist in communicating the needs of the population we serve that suffer from substance use disorders
- Certified Public Accountant (CPA) that serves as an advisor to the Board

October 30, A meeting was set up with representatives from St. Joseph's Hospital on how HRC can be a resource for their emergency room. The meeting was rescheduled, but communication is ongoing.

October 31, HRC met its deadline delivering the audit to the City of Houston Finance Department.

Houston Recovery Center

Referrals Intake: (713) 236-7809



Who to send

Intoxicated patients who are:

- Ambulatory
- Non-violent
- 18 years of age and older
- Otherwise stable for discharge home

What is “stable”

- Open wounds sutured/dressed as appropriate
- Head injuries cleared: CT scan, ETOH level
- Any emergent medical or psychiatric conditions stabilized as for discharge home
- Send patient with copy of discharge summary

How to send

- Notify Sobering Center Intake (713) 236-7809 (Provider or patient may call)
- **For Taxi Voucher upon arrival to Sobering Center, provider must initiate call**

Helpful

- One month supply of medications

LOCATION

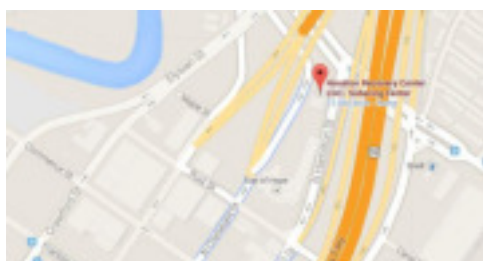
Houston Recovery Center

150 N. Chenevert St.
Houston, TX 77002

Main line: (713) 236-7810

SOBERING CENTER

Intake: (713) 236-7809



Houston Recovery Center Sobering Center Program:

- Specializes in addiction with recovery focus
- Short term intervention for substance use and co-occurring substance use and mental health issues
- Safe environment with basic EMT level screening and monitoring while sobering
- Peer Recovery Support Specialists offering individual recovery guidance
- Licensed Chemical Dependency Counselors for clients interested in substance use treatment services
- Psychiatric Technicians for crisis intervention
- Community resource specialist works with clients to obtain housing, medical and mental health services
- Showers and change of clothes
- 18-month recovery program for those requesting assistance with addiction

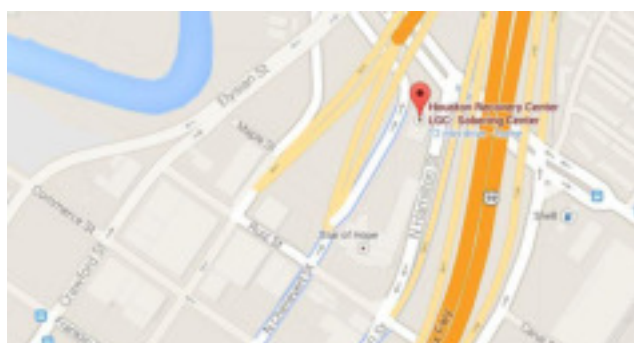
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150 N. Chenevert St.
Houston, TX 77002
Main line: (713) 236-7810



Transportation

Taxi Voucher: available on arrival at the Houston Recovery Center from the Emergency Department (requires notification of Recovery Center by Emergency Center staff)

METRORail: take the Red Line from the station just south of Cambridge St on Fannin northbound to Preston St station downtown. Walk on Congress toward Minute Maid Park, then left on Chenevert St (0.8 mile).

Metro Bus: Take Route 1 Bus northbound from Cambridge and Fannin to San Jacinto and Texas. Walk on San Jacinto to Congress, turn right on Congress, then left on Chenevert St.



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